

Curriculum Vitae

Dec., 2010

John H. Maher, D.C., D.C.B.C.N., B.C.I.M.

12693 Portada Pl, San Diego , CA 92130

858-350-0070 858-342-1614

drjmaher1948@yahoo.com

Education:

Graduate, Doctorate; Cleveland Chiropractic College , Valedictorian, 5/78

Graduate, Bachelor of Science, New York State University , 1973

Current Positions: Associate doctor, Crossroads Holistic Health Center

Previous Positions

Co-Founder of and Director of Education and Research for BioPharma Scientific, Inc, CA, 2004 to 09.30.10

Co-Founder and Vice President of Research and Education, Doctors For Nutrition, Inc, CA, 2000 to 2004

Creator and Author, RxforWellness.com, internet anti-aging self help tools and study course, 1999 to 2004

E-zine Editor, Longevity News, 1999 to 2003

Moderator, An Anti-Aging Question and Answer Forum, 1999 to 2003

Clinical Experience:

June 1978 through June 2003, San Diego County, California

Other Professional Training:

Certified in Nutritional Response Testing, present

Board Certified in Integrative Medicine, present

Diplomat Chiropractic Board of Clinical Nutrition, present

Fellow, American Association of Integrative Medicine, present

Diplomat College of Clinical Nutrition, present

Board Eligible, American Board of Anti-Aging Health Professionals, 1999

Qualified Medical Examiner, CA, 1995 -1997

Graduate, IPS Health and Nutritional Counseling, 1996

Certified, TMJ Multidisciplinary Trauma Course, 1995

Diplomat, American Academy of Pain Management, 1991

Founding Member, Interdisciplinary Temporomandibular Association, 1991

Teaching Experience:

“7 Minutes to Wellness”, All-in -Your Backyard, CCA, Fall 2010, 4 hr CE

“The Three Key Secrets to a Successful Nutrition practice from a Business Perspective”, FCA, Orlando, 08.10

“The Physiological Functions of Phytonutrients: A Brief Introduction” Webinar, Nutrition, ChiroView Presents, Spring 2010

“Lowering Blood pressure with a Chocolate Shake” Webinar, Nutrition, ChiroView Presents, Spring 2010
“The Physiological Functions of Phytonutrients: A Brief Introduction” A4M conference, Las Vegas, NV Dec 2009
“The Effects of Whey Zoonutrient Powder Alone and Combined with a Green Phytonutrient Powder on Heart Rate Variability and Pre-Hypertension and Stage 1 Hypertension.” A4M Conference, San Jose , CA , Sept. 2009

“Maximizing Results, Referrals and Revenues through Nutritional Wellness”, First Tuesday Webinar through Chiropractic Economics. 06.09

“The Effects of Whey Zoonutrient Powder Alone and Combined with a Green Phytonutrient Powder on Heart Rate Variability and Pre-Hypertension and Stage 1 Hypertension.” ACC Conference, Las Vegas , March 2009

“The Effect of a Fruit and Vegetable Mix on Hypertension”, South Western Naturopathic College, AZNMA Convention, Nov. 2008

“Hgh: Fountain of Youth or Same Old Hype, American Academy of Anti-Aging Medicine, Las Vegas , NV Dec. 2008

“The Effect of Proline Rich Polypeptides (PRPs) on the Immune Status of Guinea Pigs and Its Implications on the Potential of PRPs in Human Aging”, American Academy of Anti-Aging, July 08, Washington DC , 0608

“The Effect of a Fruit and Vegetable Mix on Hypertension”, American Academy of Anti-Aging and University of Miami, First Annual Integrative Medicine Conference, April 2008, Orlando and Miami,

respectively.

“Nano-BioTechnology and Bio-available Nutrition”, American Academy of Integrative Nutrition , San Diego , CA , 2006

“Metabolic Syndrome”, California Chiropractic Convention, Reno , CA 2006

“Physiological Functions of Phytonutrients” CCA, AOM, AAIM 2004-2005

Teaching Experience (continued):

New York Academy of Anti-Aging Medicine, post graduate faculty NYCC, 1999

“Systematic Nutritional Muscle Testing”, Metagenics, 1992-93

“Interdisciplinary TMJ Therapy”, Dental Board of Examiners re-licensing, 1987-88

Preceptor Faculty, LACC, 1984-92

“Hypoglycemia and Behavior”, California Dept. of Corrections re-licensing, 1986

Text Books

“The Effect of Proline Rich Polypeptides (PRPs) on the Immune Status of Guinea Pigs and Its Implications on the Potential of PRPs in Human Aging”, Chapter, Anti-Aging Therapeutics, Vol. 11, American Academy of Anti-Aging, published Summer 2009

“The Effect of a Fruit and Vegetable Mix on Hypertension”, Chapter, Anti-Aging Therapeutics, Vol. 11, American Academy of Anti-Aging , Summer 2009

Articles Published:

Regular Columnist, Health and Wellness, Dynamic Chiropractic 1999 to present

Nutritional Perspectives, JACACN, “The Clinical Implications of the Effects of Whey Zoonutrient Powder Alone and Combined with a Green Phytonutrient Powder on Pre-Hypertension and Stage 1 Hypertension” April 2010 Vol. 33 no. 2, pp 34-40

Nutritional Perspectives, JACACN, “The Effect of a Colostrum Extract of Proline Rich Polypeptides (PRP) on Immune Status in Guinea Pigs and Its Implications on the Potential of PRP in Aging Humans.” April 2009 Vol. 32 no. 2, pp 25-31

Nutritional Perspectives, JACACN, “The Effect of a Fruit and Vegetable Mix on Hypertensive Subjects” – Jan. 2009 Vol. 32 no. 1

American Academy of AntiAging News Magazine: “Invivo and Invitro Antioxidant Testing”- Dec. 2008

Frequent Contributor, Anti-Aging and Nutrition, American Chiropractor, DC Products, Chiropractic

Economics and Canadian Chiropractor.

Nutritional Perspectives, JACCN, "Nanobiotechnology and Bioavailable Nutrition" -2005

JAAIM Online Journal, "Phytonutrition and Fatal Facts" -2005

Chiropractic Economics, "Nutritional Practice: The Good, the Bad and the Profitable" -2005

Nutritional Wellness, "The New Nutrition, Nanosized Nutraceuticals!" -2005

Guest Columnist, Anti-Aging, Prime Season, Total Man, Entertainment, 1999

Co-Authored, "TMJ Disability Index", Today's Chiropractic, 1997

Authored, "Osteoporosis", CCA Journal, 1995

Co-Authored, "How to Fight Osteoporosis and Win", book with Beth M. Ley, 1994

"Systematic Nutritional Muscle Testing", American Chiropractor, 1993

Columnist and Chiropractic consultant, Wholistic Living News, 1984-92

Regular Columnist, San Diego Weekly News, 1984

Radio and TV

Dr Maher has been interviewed on radio too many times to list. He was featured on Channel 10 Staying Healthy with Carol Lebeau in 1989 and hosted his own "Dial A Doctor " radio program in the mid 1980's.

Clinical Trials

Co-authored with John Zhang MD, PhD, George Oxinos, "The effect of fruit and vegetable powder mix on hypertensive subjects: a pilot study" Journal of Chiropractic Medicine (2009) 8, 101–106

<http://www.biopharmasci.com/downloads/2009-JCM-sep-fruit-veg.pdf>

Co-author abstract "The Effect of Fruit and Vegetable Powder Mix on Hypertensive Subjects, The Journal of Chiropractic Education, Spring 2007, Vol, 21, No. 1, p. 93

<http://biopharmasci.com/downloads/NGBPabstract.pdf>

Co-author abstract "The Effects of Whey Zoonutrient Powder Alone and Combined with a Green Phytonutrient Powder on Heart Rate Variability and Pre-Hypertension and Stage 1 Hypertension".

Journal of Chiropractic Education, Spring 2009, Vol 23, No. 1p.103

<http://www.biopharmasci.com/downloads/NPandNGLoganBPAbswgraph.pdf>

Initiated: "The effects of Liquid Colostrum Extract (PRP) treatment on wound healing in a murine skin injury model and assessment of its anti-allergic properties on system anaphylaxis in guinea pigs. Poster presentation displayed at the Scripps Integrative Medicine Conference, San Diego , January 2008.

<http://www.biopharmasci.com/downloads/PRPAnimalstudy.ppt>

Initiated: "Investigation of antioxidant and triglyceride status of rats consuming a diet enriched by a complex phytonutrient supplement, NanoGreens10"

<http://www.biopharmasci.com/downloads/NG10Russianrat2.pdf>

Initiated: "Independent results NanoGreens10 Invitro and Invivo Antioxidant Capacity Testing"

<http://www.biopharmasci.com/downloads/ElectrOx.pdf>